



15 Teamwork Activities

A wide ranging selection of powerful teamwork activities to get your course off to a great start, to keep spirits high or to round things off at the end!

Timing	30 to 60 minutes per activity
Participants	any number working in groups of about four to six people
Cost	£250 plus delivery and VAT

15 Teamwork Activities is supplied in a ring-binder containing 15 separate activities ideal as an introduction to any teamwork course. Each activity lasts 30 – 60 minutes and you can use the team material as photocopy originals - to make as many copies as you require. Trainer's Notes for each activity explain how to use the activity.

The Activities

1 What is a Team?

A simple starter to get everyone focused on teamwork and what it's all about. What makes teams succeed or fail?

2 Team Roles

Here teams examine the need for and the importance of team roles. Ideal for use in conjunction with Belbin. At the end of the activity did the roles make a difference, were team members aware of the roles, what other roles were used?

3 Problem Solving

Teams are given a problem to solve. The activity illustrates the point that often teams can waste a lot of time talking around a problem rather than getting down to it. Efficient teams will split into smaller pairs and work different parts of the problem before bringing it all together at the end.

4 Working Together

With four different Briefs a team of four need good communication skills to solve the problem they are faced with. The Briefs themselves cannot be shown to other members of the team so verbal communication is vital.

5 All Adrift!

A consensus exercise where teams have to rank a number of items to take with them in an emergency at sea. The answer is provided by the Royal National Lifeboat Institution. Ideal for individuals to do the ranking - then get them to do it in teams.

6 Team Leader

Each team chooses a leader. The leader is then briefed and must return to the team and fulfil the task (though Briefing papers cannot be taken back to the team). Ideal for looking at leaders and leadership style.

7 Team Meeting

Each participant gets their own Brief. They represent a company board and have to reach decision on a number of issues. Different teams reach different decisions and so what is crucial about decision making that makes the difference. How did the meetings go? Who dominated? Who had a lot to say? Was there a chairperson?

15 Teamwork Activities

- ⚡ **VERY EASY TO FACILITATE!**
- ⚡ **FANTASTIC VALUE!**

8 Sharing Information

This activity involves teams in sharing information. Each has a separate Brief as well as a problem to solve. Verbal communication only! Team members have to share information before they can start on the problem. Shows the value of the different individuals and the importance of sharing information with all the group.

9 Managing Conflict

In this exercise four company directors have different ideas about the future of the company so there is inbuilt conflict at the meeting. How will individuals deal with this and how can a resolution be agreed on?

10 Team Listening

An exercise to demonstrate active listening. The team holds a meeting and each has various points to get across but focusing on these may mean not listening to what others have to say. There is a listening test at the end!

11 Objective Setting

Teams plan to do battle with each other using playing cards as their armies and have to set objectives and deploy their forces. A fun way of looking at conflict and SMART objective setting.

12 Communicating between Teams

A common problem in organisations is that information means power and it is guarded whereas it ought to be disseminated. Teams need to get information from one another to complete a task. Will they be willing to give as well as receive information?

13 Team Dynamics & Brainstorming

On the surface an exercise about brainstorming this activity is all about team dynamics. Are teams aware of what is going on and will they intervene to 'bring in' members who are not taking part?

14 Reaching Agreement

Four companies want to build in an environmentally sensitive area. How can they all do so without conflict? By sharing info a win win outcome is possible.

15 Team Leader II

A team leader is required to lead a group in being creative, practical and analytical – all within a deadline. How can this best be done? A great leadership exercise.

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IDEAL FOR USE AS...

- **energisers on all teambuilding and management programmes**
- **stand alone sessions for team leaders**
- **assessment tools for recruitment and assessment centres**
- **core activities from which you can add extra creative challenges.**

Trainer's Comments

We have used all the activities – probably 2, 6, 7 and 10 the most frequently. A super resource!

Marian Holland, Asda Stores Ltd

We used 15 Teamwork Activities with managers, HR teams and factory team workers. I think that this material is one of the best purchases I have ever made. Always popular this is a wonderful resource and very simple to use.

Pauline Smith, DSS Packaging

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